James Pallant

Call: 2022



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James Pallant joined 4BB in April 2025 as a probationary tenant upon the completion of his pupillage at a London-based criminal set. He acts for both defence and prosecution and has appeared in the Crown Court, Youth Court and Magistrates' Court

Prior to commencing pupillage, James held a management role within the healthcare sector for several years. He previously worked within the legal services sector and fulfilled roles within compliance and regulation. He has also worked on major legal projects including fraud investigations.

James has previously volunteered as an Appropriate Adult for young persons and vulnerable adults in police custody. He has also represented immigration detainees at bail hearings as part of his LLM course.

Expertise

Crime

Memberships

Criminal Bar Association

The Honourable Society of the Middle Temple

Appointments

• CPS Advocate Panel – Level 1

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Education

- Bar Professional Training Course (Very Competent), The University of Law
- Bar Professional Training Course LLM (Distinction), The University of Law
 Graduate Diploma in Law (Commendation), The University of Law MA (Hons) in Divinity, The University of Edinburgh

44 Southampton Buildings